

PROGRAM

7:30 AM	REGISTRATION AND BREAKFAST
8:30	Welcome and Opening Remarks <i>James T. Willerson, MD</i>
8:40	Keynote Address: Sex Differences in Cardiovascular Disease and Implications for Therapies <i>Doris A. Taylor, PhD, FAHA, FACC</i>
SESSION I TRADITIONAL BIOLOGICAL RISK & PREVENTION STRATEGIES	
9:25	Hypertension: Prevalence in Racial Groups, Women's Increased Risks <i>Addison Taylor, MD, PhD</i>
9:45	Dyslipidemia: Should Women Stop their Cholesterol Lowering Meds? Hype and Reality <i>Salim Virani, MD</i>
10:05	Diabetes and Cardiovascular Disease: What Have We Learned This Year? <i>Glenn Cunningham, MD</i>
10:25	Panel Discussion with Case Presentation & Audience Interactive Response
10:45	BREAK
SESSION II LIFESTYLE AND BEHAVIORAL MODIFICATION STRATEGIES	
11:00	Obesity and Sedentary Lifestyle: Behind the Desk, On the Couch...“Sedentary is the New Obese” <i>Ann Barnes, MD</i>
11:20	Bariatric Surgery: What's the Latest? <i>Vadim Sherman, MD, FRCSC, FACS</i>
11:40	Depression and Coronary Heart Disease: It's Complicated <i>Stephanie Coulter, MD</i>
12:00	LUNCH SESSION: Food for Thought How Do We Maintain Professional Ethics in Times of Great Change and Instability? <i>Jane Bolin, BSN, JD, PhD</i>
1:00	BREAK
SESSION III NOVEL TREATMENTS FOR MODERN-DAY FEMALE HEARTS	
1:20	Transcatheter Valves: TAVI—The Hype and the Hope <i>Blase Carabello, MD</i>
1:40	Novel Approaches to Devices <i>William E. Cohn, MD</i>
2:00	Pulmonary Hypertension: A Women's Disease <i>Zeenat Safdar, MD</i>
2:20	Catheter Ablation: Who and When? <i>Mehdi Razavi, MD</i>
2:40	Panel Discussion with Case Presentation & Audience Interactive Response
3:00	BREAK
SESSION IV STRAIGHT TALK: SNAKE OIL OR THE NEW DEAL?	
3:20	Epidemiology of Coronary Artery Disease, Breast Cancer Therapy, Premature and Accelerated CVD, Calcium Supplements, Calcium Scoring & Others <i>Stephanie Coulter, MD</i>
3:40	Case Studies...and Do the Guidelines Help You Decide? <i>Moderator: David Aguilar, MD</i>
	Fireside Chat: Complex Case Presentation & Audience Interactive Response <i>All Speakers</i>
4:30 PM	ADJOURN

Location & Lodging

The symposium will be held in the Texas Heart Institute at St. Luke's Episcopal Hospital—The Denton A. Cooley Building located within the Texas Medical Center. The building's address is 6770 Bertner Avenue, Houston, Texas 77030. The meeting room, the Denton A. Cooley Auditorium, is located on the B1 level of the hospital.

There are several hotels in the Texas Medical Center:

Marriott Medical Center | 6580 Fannin Street, Houston, Texas 77030 | Phone: 713-796-0080
Hilton Houston Plaza | 6633 Travis Street, Houston, Texas, 77030 | Phone: 713-313-4000
Holiday Inn Medical Center | 6800 S. Main St., Houston, Texas, 77030 | Phone: 713-528-7744

Ground Transportation

Taxi service to the Texas Medical Center (TMC) hotels from Hobby Airport averages \$35 one way. Taxi service from Bush Intercontinental Airport averages \$50 one way. The drive to the TMC is approximately 20 minutes from Hobby Airport and approximately 45 minutes from Bush Intercontinental Airport. Timely and inexpensive airport transportation is available to and from each hotel by SuperShuttle. For current rates and to schedule service, call SuperShuttle at 713-523-8888. Rental car services are also available at both airports.

Courtesy van transportation from each TMC hotel is available to Texas Heart Institute. Please check with your hotel to schedule shuttle service.

For participants not staying at the hotel, Texas Heart Institute offers valet parking for \$13 per day (no in/out privileges). More information on parking and directions for the Texas Medical Center is available online at www.tmc.edu.

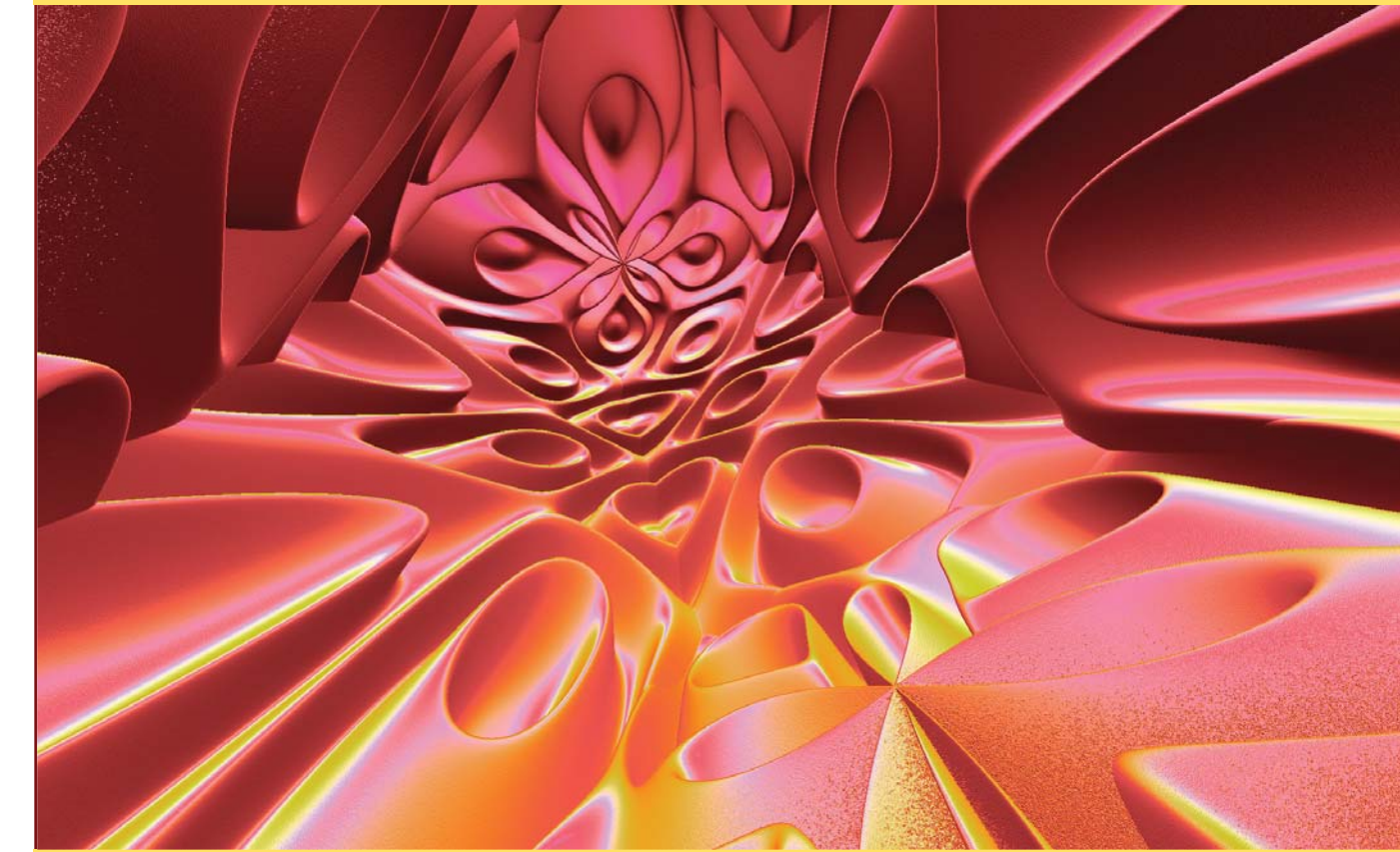
 **TEXAS HEART INSTITUTE**
at St. Luke's Episcopal Hospital

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Third Annual Symposium on Risk, Diagnosis and Treatment of Cardiovascular Disease in Women



November 17, 2012, 8:30 AM – 4:30 PM
Texas Heart Institute
Denton A. Cooley Auditorium

REGISTER ONLINE cme.texasheart.org

OVERVIEW

Heart and vascular diseases are the greatest threat to women's health worldwide, and the leading cause of death for women in the US. Nearly 43 million American women live with these diseases and, according to the US Census Bureau, Texas had the third highest disease prevalence in 2004. In Texas alone, approximately 1 million women are living with cardiovascular disease and one woman dies every 20 minutes. Also known as cardiovascular diseases (CVD), they include heart attack, heart failure, stroke, peripheral artery disease and other diseases of the heart and circulatory system.

Most American women are unaware of their risk. Most doctors are too. Women can expect to live a large part of their lives with an increased risk of CVD because their risk increases four-fold at menopause. One out of four American women older than 65 has some form of heart disease. Because heart attack symptoms can be very different in women than in men, women and the doctors who treat them are often unaware that a heart attack has occurred. Since treatment during or immediately after a heart attack significantly mitigates the resulting long-term damage, accurately identifying symptoms of heart attacks is critical to the lifetime wellness of women.

Just as symptoms differ between men and women, so may the effectiveness of treatments. Treatment guidelines are developed from the results of clinical trials published in the medical literature, dictating the standard of care for all patients. However, less than 25% of those enrolled in these trials are women. While effective treatments are not fully understood, we do know that women have 50% more adverse reactions to drugs than men, that controlling women's blood pressure reduces their risk more dramatically than men and that depression has double the negative impact on women than on men. What's more, the trajectory of women's heart disease is distinct from that of men. For example, plaque builds up differently in women's arteries, which typical testing does not detect. Finally, little study has gone into effective prevention strategies for women.

The goal of this symposium is to educate primary care physicians and cardiologists about diagnosis, treatment and prevention of CVD in women.

Target Audience

Cardiologists, gynecologists, primary care physicians, internal medicine physicians, family practitioners, endocrinologists and nurse practitioners.

Learning Objectives

At the conclusion of this activity, the participant should be able to—

- Identify emerging controversies in cardiovascular disease and treatments
- Cite the identification of cardiac risk factors in women
- Describe the trends and treatments of cardiovascular disease in obesity and in sedentary lifestyles
- Describe emerging novel approaches and strategies to treating heart, vascular and valve conditions.
- Review current guidelines for managing modifiable biological risk factors for cardiovascular disease in light of new data presented this year
- Review current guidelines for calcium supplementation and calcium scoring by computed tomography
- Make an overall cardiovascular risk stratification of female patients that will be used to guide prevention and treatment strategies

Accreditation & Credit Designation

Texas Heart Institute at St. Luke's Episcopal Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Texas Heart Institute designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This activity has been designated by Texas Heart Institute for 1 hour of education in medical ethics and/or professional responsibility.

An evaluation form sent via email will provide each participant with the opportunity to review the speakers and their presentations, to identify educational needs, and to comment on any perceived commercial or promotional bias in the presentation.

Cancellation Policy

All cancellations must be received in writing by **Monday, November 5, 2012**, in order for a refund to be issued. A \$25 processing fee will be assessed for each cancellation. Refunds cannot be made for those who register but do not attend the scheduled activities. Texas Heart Institute reserves the right to cancel this activity if registration is deemed insufficient.

A survey conducted by the American Heart Association showed that only 8% of primary care physicians, 13% of OB/GYNs, and 17% of cardiologists are aware that more women than men die each year from heart disease.

REGISTRATION

LAST NAME	FIRST NAME

AFFILIATION/INSTITUTION	

ADDRESS	

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TITLE: MD PhD DO OTHER _____

SPECIALTY: _____

Registration fee includes all course materials, continental breakfast, lunch and breaks.

\$150 MDs, DOs

\$ 75 Fellows, students, nurse practitioners, and other allied health professionals

Please indicate if you need special assistance. You will be contacted by a staff member. 

All fees should be in US dollars, drawn on a US bank, and made payable to Texas Heart Institute.

Enclosed is my check or money order for \$ _____

VISA MasterCard AmEx Discover

Account # _____

Signature _____ Exp. date _____

Fax this registration form only if payment is being made by credit card. Otherwise, mail the registration form and fee to—

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