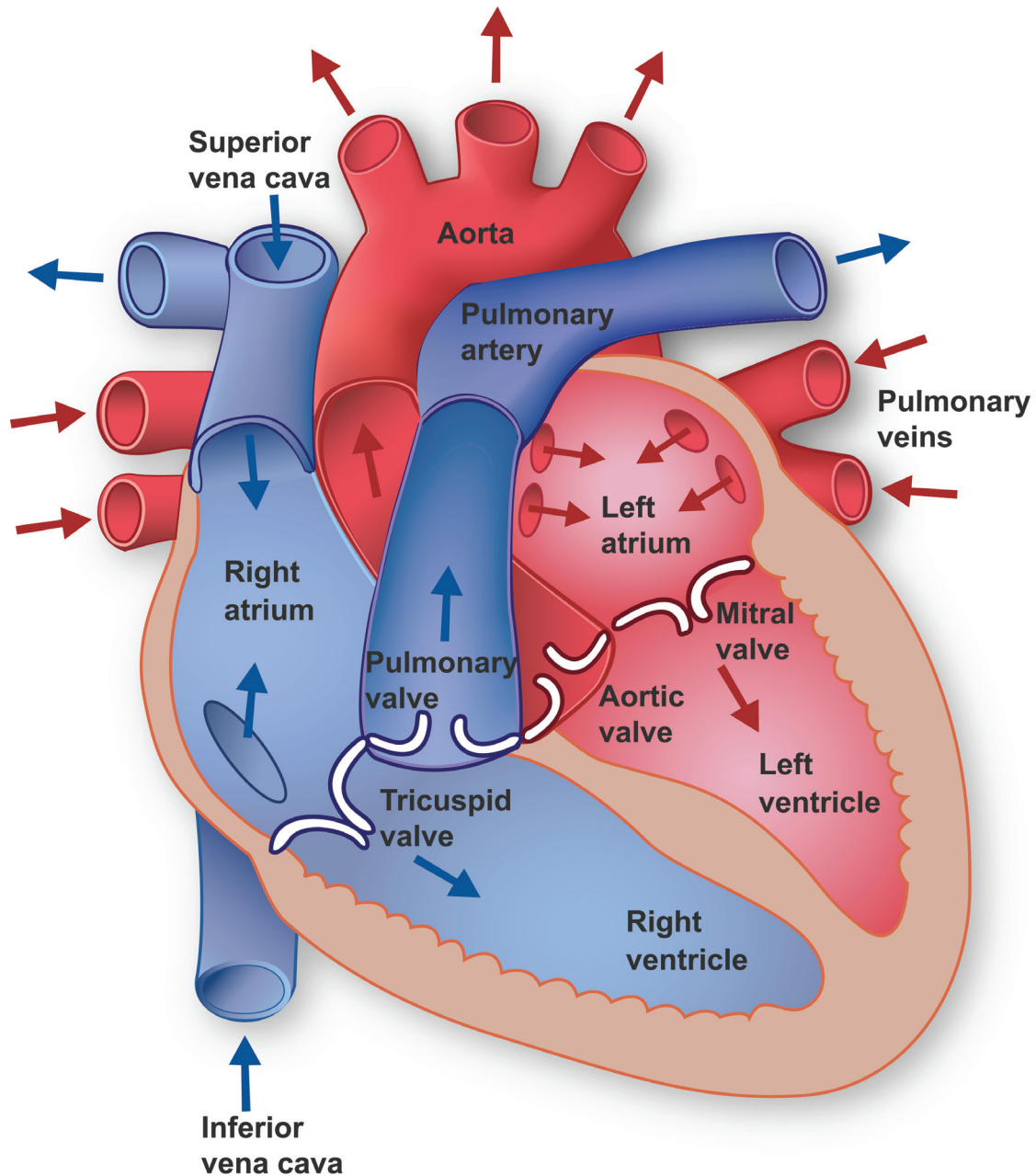


## Project Heart

Activities for the Classroom

# ANATOMY OF THE HEART



The heart weighs between 7 and 15 ounces and is a little larger than the size of your fist. By the end of a long life, a person's heart may have beat more than 3.5 billion times. In fact, each day, the average heart beats 100,000 times, pumping about 2,000 gallons of blood.

Your heart is located between your lungs in the middle of your chest, behind and slightly to the left of your breastbone.